

Grab and Go Prepper Sheet www.corenovus.org



Warning Signs of an SHTF event: 1. Civil unrest 2. Volatile stock market 3. Money/food/gas shortages 4. Natural disasters 5. Companies stocking their warehouses 6. Major cyber attacks

CONTENTS

- P1** Team contact (Family, friends, coworkers)
- P2** Team bug out map
- P3** Team Rally Point symbols
- P4** Sanctuary & radio info
- P5** Team Map Instructions/ CommUnity Prep

Instructions for G & G Prepper Sheet Team selection

1. Choose your team (Friends, family, coworkers, etc.).
2. Try to be diverse w/team selection, example:
 - (A). Gardeners, attorneys, medics, mechanics, chemists, etc.
 - (B). Have at least 3 to 4 well-armed members in team.
 - (C). Property/boat owners, military/law are a plus
3. Train & review together with map on p. 2
4. Train & review together with symbols & codes on p. 3
5. Discuss/have meetings together if possible/train together.
6. Teams should have similar type ammo in team.
7. Have all 10 members repeat the process with 10 others.

My CommUnity Prepper Team Name

/Name of member	/Contact info	/Skill set
(Self)		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

Bugout to Safety Map

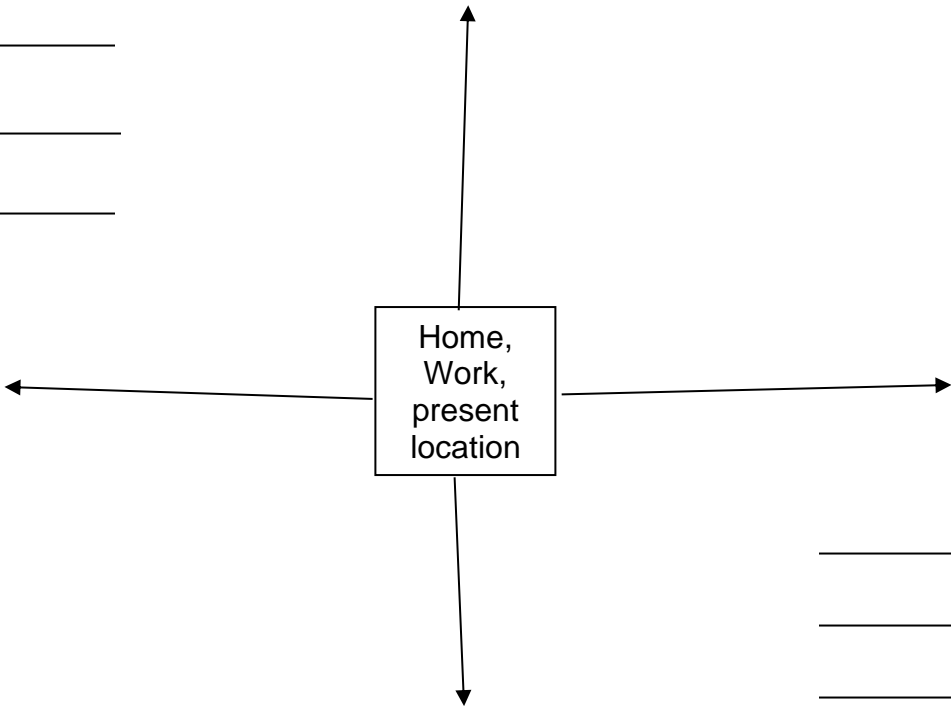
See Instructions on Page 5.

(Northern Border) Canadian location

West coast location

Home, Work, present location

East coast location



(Southern Border) Mexican location

Rally Point Symbols

Share this page with your team. These are symbols you would put on the Rally Point (RP) locations. See map (page 2).

The symbols you make together, are symbols that can help you find teams and others easier in FEMA camps, large crowds, towns, cities, make shift emergency areas, like stadiums and football fields.

Symbols can be made and used at RPs clearly visible upon approach keeping silence and light at a minimum.

Example: Cardboard sign in car windows, spray painted on wall, front doors, fences, etc.

(Optional) - Keep a decipher key of symbols page separate from page of drawings.

TM# - Team Member number on list page 1.

Examples

Bugged Out (not in home)

Bugging in/ Identify self on approach & entering

Wait here for ___/returning
TM#_4 & 7 team member

Supplies here

Keep quiet and pass this RP

Following crowd/off RP path
TM# 1 – 7 Team members following crowd/stay on RP path

On foot/vehicle to next RP
TM#____3rd team member_

SHTF EVENT/Danger
Heading to Sanctuary
TM#_____

Deceased inside/travel to next RP
TM#_____

Danger/Stay Away

Change direction/ Go this direction
TM#___four___

FEMA/POLICE here good

FEMA/POLICE here bad

Use Challenge upon approach
TM#___ten_____

Other

Note: Try to keep symbols less than 20 and interchangeable markings for varying messages.

Keep symbols simple, easy to recognize at a distance or at night. Can use musical notes, electronic, short hand, braille, Morse code, combinations, etc. (Google Hobo symbols for ideas)

Sanctuaries

Sanctuaries are outside of the country, can be a **familiar** resort, owned property, shopping plaza that's walking distance from the border/port gate, etc.

It is the final RP location **outside the US**. And more importantly it is where the team is **safe**.

Consider the last RP within the country a Stronghold Sanctuary (that can be defended and supplied well).

Be prepared to defend all RPs and along paths to safety but as CommUnity Preppers, be able to assist those that need help and have those that follow.

North _____

South _____

East _____

West _____

HAM Frequencies

Main Frequency _____

Secondary (Back up) _____

Secure Frequency _____

Team Challenge _____

Team Response _____

HAM Call signs _____

FM/Am Radio stations (local)

Local FEMA contact:

Local Fire/Police:

Bug in List Tips

- Have 3 ways of egress from home/ bug out bags/supplies ready. (13mins).
- Have a way to show you need help immediately at home. Trashcan with fire wood & paper in back yard ready to light. Bull horn, etc.
- Remember: white smoke means something is on fire/Black smoke means a fire is being put out.
- Take care of medical alignments & major surgeries, etc., Now!
- Teams should be proficient with weapons used by all in their homes.
- Duct tape, duct tape, duct tape.
- Think - exercise, extra medications, water source, heat, light, food and fun.

Bug out List Tips

- Keep one vehicle with at least half a tank full at all times.
- Have a bug out bag inside vehicle.
- Think - walking shoes, gas tank, paper maps, light.
- Run drills to leave your home with essentials (and secured home) Take road trip. Practice!
- If vehicle is attacked, do not get out.
- Keep a "grey man" appearance, blend into crowds (Guitar instead of rifle case, coke bottle instead of canteen, etc.).
- Teams should be proficient with weapons used by all in their teams.
- Teams should use same (similar) ammo.
- Exercise, extra medications and passports now!
- Stay close to walls when walking. 8 feet apart.
- 1am to 4am best times to walk safely Depending on circumstance.

*Be on high alert when approaching RP's

Go to www.corenovus.org for more info

MAP INSTRUCTIONS FOR PAGE 2

The Team should eventually come together, formally or informally: family reunion, party, bar B Q, zoom meet, group text, get together, etc. When together: Have each individual starts at their home address. (10 separate locations).

1. Determine a location every Team member is familiar with, Public/Private property and /or feels reasonably safe or comfortable. This is your first Rally point.
2. Continue the bee line path identifying familiar locations in all four directions border to border, coast to coast.
3. Preferably owned property by team members, Rally Points can be Bridges, Churches, schools, FEMA camps, Boat houses, KOA's, etc. Choose wisely!
4. As a team, trade this information with each other and keep it near passports, medical and other vital information inside bug out bags.

Grab & Go!

www.corenovus.org

CommUnity Preppers

Self-Reliance is a mindset. Be unified, but not necessarily uniformed with this global humanitarian prepper network. Learn to live off the grid like it was meant to be with free electricity, rain water collection systems, communal projects, neighborhood micro loans, security, herbal medical knowledge, green construction, disaster preparedness and more.

Learn skills & create the lasting networks of friends. Be prepared to survive & build after an apocalyptic event. Rise and build!



BULK RATE
US POSTAGE
PAID
PERMIT NO.
00000

Mailing Address
Stamp Here